

C.P. & Berar E.S. College
Department of Physical Education & Sports
Annual Report 2022-2023

Dr. Nishant Tipte

HoD

Department of Physical Education & Sports

Department of Physical Education & Sports is constantly striving to inculcate the culture of sports among the students of the College. Sports Department of the college conducted various activities in the academic session 2022-2023 for encouraging students to participate in sports.

This year the college got the honor of organizing R.T.M Nagpur University Inter-Collegiate Kabaddi (Men) & Handball (Men) Tournament. This competition was organized under the able leadership of Dr. Milind Barhate, Principal, C.P. & Berar College.

The details of various activities organized by the sports department of the college in the academic session 2022-2023 are as follows.

International Yoga Day

International Yoga Day was celebrated with great enthusiasm this year on 21st June 2022 by C.P. & Berar College. Yoga Day was organized jointly by the Department of Physical Education & Sports, National Service Scheme and Junior College. This year, the theme for yoga was “Yoga for Humanity”. Mr. Subham Thawkar, a Yoga Instructor, imparted yoga lessons to the students.



R.T.M Nagpur University Inter-Collegiate Kabaddi (Men) Zone D Tournament organized

R.T.M Nagpur University Inter Collegiate Kabaddi (Men) Zone D Tournament was organized from 03rd November to 05th November 2022 at C.P. & Berar E.S College's Reshimbagh Ground with great enthusiasm and fervor. Chief Guest Dr. Sharad Suryawanshi, Director, Department of Sports & Physical Education, R.T.M Nagpur University, Nagpur. Dr. Milind Barhate Principal C.P. & Berar E.S College was the chairperson of the Inaugural Ceremony Dr.J.K Mahajan Vice-Principal, Dr. Aditya Soni, Dr. Nishant Tipte HOD Department of Physical Education. C.P. Berar E.S College were present.



Dr Sharad Suryawanshi, Director, Department of Physical Education & Sports, RTM Nagpur University, Nagpur at Inauguration Ceremony of the RTM Nagpur Inter Collegiate Kabaddi Tournament (03.11.2022 to 07.11.2022)

C.P. & Berar College Kabaddi Men Team Secured Third Place in R.T.M Nagpur University Inter Collegiate Kabaddi Tournament



C.P. & Berar E.S. College Kabaddi Team Won Third Place in RTM Nagpur University Inter Collegiate Kabaddi Tournament with Chief Guest Dr. Sanjay Dudhe, Pro- Vice Chancellor, RTM Nagpur University, Dr Sharad Suryawanshi, Director, Department of Physical Education & Sports, RTM Nagpur University, Nagpur and other Guests.

R.T.M Nagpur University Inter-Collegiate Handball (Men) Tournament organized

R.T.M Nagpur University Inter Collegiate Handball (Men) Tournament was organized at C.P. & Berar E.S. College, Reshimbagh Playground from 09th November to 11th November 2022 by Chief Guest Dr. Sharad Suryawanshi, Director, Department of Sports & Physical Education, R.T.M Nagpur University, Nagpur Dr. Milind Barhate Principal C.P. & Berar E.S. College was the chairperson of the Inaugural Ceremony Dr. Arvind Sovani, Dr. Nishant Tipte HoD Department of Physical Education. C.P. Berar E.S. College were present.



RTM Nagpur University Inter-Collegiate Handball Tournament organized by C.P. & Berar E.S. College on 09th to 11th Nov 2022. Dr Sharad Suryawanshi, Director, Department of Physical Education & Sports, RTM Nagpur University, Nagpur. Inaugurating the Tournament

C.P. & Berar E.S. College Handball Team Won Gold Medal in RTM Nagpur University Inter Collegiate Handball Tournament



C.P. & Berar College team in action during the Final Match against Principal Arunrao Kalode Mahavidyalaya.



C.P. & Berar E.S. College Handball Team Won Gold Medal in RTM Nagpur University Inter Collegiate Handball Tournament with Guest Dr. Atmaram Pande (Shiv Chhatrapati State Sports Awardee), Mr. Milind Makade (Shiv Chhatrapati State Sports Award), Mr. Ashish Banarjee (SAI Handball Coach), Dr. Satpute, Dr. Indrajeet Singh Randhava (International Handball Player) Dr. Milind Barhate, Principal, C.P. & Berar College Dr. J.K. Mahajan, Vice-Principal, C.P. & Berar College.

C. P. & Berar E.S. College Bagged 3Gold & 1 Bronze Medal in Boxing

In the RTM Nagpur University Inter Collegiate Boxing Championship held at the Nashikrao Tirpude College of Physical Education from 09th to 11th Dec 2022. C. P. & Berar E.S. College Bagged 3 Gold & 1 Bronze Medal



Ku. Shruti Zade emerge winner in 57-60 kg weight category



Akshay Arkhil emerge winner in 67-70 kg weight category



Shaourabh Sonwani Won Gold Medal (71-75 kg)



Ku Nikita Turkani Won Bronze Medal (60-63 Kg)

C. P. & Berar E.S. College Bagged 2 Gold Medal in Wushu Championships

In the RTM Nagpur University Inter Collegiate Wushu Championship held at the RTM Nagpur University Sports Complex on 27th & 28th January 2023. C. P. & Berar E.S. College Bagged 2 Gold. In 85 Kg Weight Category Anup Thakre won Gold medal & in Taolu category Prachi Muthal won Gold Medal.



C. P. & Berar Junior College's Aditya Bhurse Qualified for School State Men's Cross Country Championship

In the Divisional Level Inter School U/19 Cross Country Competition organized by District Sports Officer, Chandrapur held at the Kannamwar Stadium Chandrapur on 15th & 16th Dec 2022. Aditya Bhurse a student of C.P. & Berar Junior College qualified for state level Cross Country Championship.



Medical Examination

Medical Examination was held from 19.01.2023 to 21.01.2023, Medical Examination for Boys students as conducted by Dr. A.M. Patil total 140 Boys were present and Dr. R.R. Murkute for Girls students total 185 girls were present.



Physical Efficiency Test

Physical Efficiency Test was conducted for college students at the college playground. It was conducted during the period 30.01.2023 to 01.02.2023. 800 meters running, Long Jump, Short put, Asanas for boys and 100 meters, Log Jump, Short Put, Asanas were conducted for girls. Dr. Rajesh Bawankule was External Examiner & Dr. Nishnat Tipte HoD Department of Physical Education & Sports was Inter Examiner of the Test, Shri Pankaj Kadak Assisted the Examination.

Total Boys Present 125

Total Girls Present 75



Summer Coaching Camp

The Summer Coaching Camp organized by the Department of Physical Education & Sports Department of C.P. & Berar Education Society's College was concluded. This camp is conducted free of cost in morning and evening sessions from 03.04.2023 to 29.04.2023 at Reshimbagh ground. In this Summer Coaching Camp the players benefited from the technical guidance of the game of Handball, Kabaddi, Boxing, Karate, Athletics.



Students Performing Endurance Training at Seminary Hills



Closing Ceremony of Summer Coaching Camp Chief Guest Yashwant Patil, Principal, Dr. Madhukarrao Wasnik, P.W.S College

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Players Individual Achievements



1. Akash Katkar, Vinayak Patil, Anil Chauhan, Sudarsham Gaware, Prithviraj Nale & Sohel Khan College Handball players won Silver Medal in Maharashtra State Mini Olympics Handball Tournament held at Divisional Sports Complex on 8th Jan to 10th Jan 2023. They also won gold medal in the Khasdar Krida Mohatsav held on 17th to 19th Jan 2023.



2. Anil Chavhan Selected in R.T.M Nagpur University Handball team and participated in West Zone Inter University Handball Men Championships held at Jaipur Organized by University of Rajasthan from 27/12/2022 TO 30/12/2022

Anil Chavhan participated in All India Inter University Handball Championships held at Kurukshetra Organized by University of Kurukshetra from 16/03/2023 TO 20/03/2023.



3. Prithviraj Nale Selected in R.T.M Nagpur University Handball team and participated in West Zone Inter University Handball Men Championships held at Jaipur Organized by University of Rajasthan from 27/12/2022 TO 30/12/2022

Prithviraj Nale participated in All India Inter University Handball Championships held at Kurukshetra Organized by University of Kurukshetra from 16/03/2023 TO 20/03/2023.



4. Akash Katkar Selected in R.T.M Nagpur University Handball team and participated in West Zone Inter University Handball Men Championships held at Jaipur Organized by University of Rajasthan from 27/12/2022 TO 30/12/2022

Akash Katkar participated in All India Inter University Handball Championships held at Kurukshetra Organized by University of Kurukshetra from 16/03/2023 TO 20/03/2023.



5. Vinayak Patil Selected in R.T.M Nagpur University Handball team and participated in West Zone Inter University Handball Men Championships held at Jaipur Organized by University of Rajasthan from 27/12/2022 TO 30/12/2022

Vinayak Patil participated in All India Inter University Handball Championships held at Kurukshetra Organized by University of Kurukshetra from 16/03/2023 TO 20/03/2023.



6. Sohel Aman Khan Selected in R.T.M Nagpur University Handball team and participated in West Zone Inter University Handball Men Championships held at Jaipur Organized by University of Rajasthan from 27/12/2022 TO 30/12/2022

Sohel Aman Khan participated in All India Inter University Handball Championships held at Kurukshetra Organized by University of Kurukshetra from 16/03/2023 TO 20/03/2023.



7. Abhishek Nimbalkar Selected in R.T.M Nagpur University Kabaddi team and participated in West Zone Inter University Kabaddi Men Championships held at Jabalpur Organized by Rani Durgavati Vishwavidyalaya from 25/11/2022 TO 30/11/2022

Abhishek Nimbalkar participated in Maharashtra State Inter University Sports Meet Krida Mohatsav-2022 held at Aurangabad organized by Dr. Babasaheb Ambedkar Marathwada University, from 03rd to 07th December 2022.



8. Himanshu Tidke Selected in R.T.M Nagpur University Kabaddi team participated in Maharashtra State Inter University Sports Meet Krida Mohatsav-2022 held at Aurangabad organized by Dr. Babasaheb Ambedkar Marathwada University, from 03rd to 07th December 2022.



9. Saourabh Sonwane Selected in R.T.M Nagpur University Boxing (Men 71-75 kg) team and participated in All India Inter University Boxing Men Championships.

Saourabh Sonwane won Gold medal in the Khasdar Krida Mohatsav held on 20th to 22nd January 2023.



10. Akshay Arkhil (Men 67-71 kg) selected in R.T.M Nagpur University boxing team and participated in All India Inter University Boxing Men Championships



11. Ku. Shruti Zade Selected in R.T.M Nagpur University Boxing Women team (57-60 kg) and participated in All India Inter University Boxing Women Championships held at Rohtak Organized by Maharshi Dayanand University from 26/12/2022 TO 01/01/2023

Ku. Shruti Zade won Gold medal in the Khasdar Krida Mohatsav held on 20th to 22nd January 2023.



12. Nikita Turkane won Bronze medal in Maharashtra State Mini Olympic Games Boxing Tournament in Pune held on 9th to 13th January 2023.

Nikita Turkane won Bronze medal in RTM Nagpur University Inter Collegiate Boxing Tournament held at Nashikrao Tirpude College of Physical Education on 9th to 11th December 2022.



13. Ku. Prachi Muthal Selected in R.T.M Nagpur University Wushu team (Taolu category) and participated in All India Inter University Wushu Women Championships held at Chandigarh Organized by Chandigarh University from 07/02/2023 TO 11/02/2023



14. Anup Thakre Selected in R.T.M Nagpur University Wushu (85 Kg Weight Category) team and participated in All India Inter University Wushu Women Championships held at Chandigarh Organized by Chandigarh University from 07/02/2023 TO 11/02/2023



15. Tanushree Wasnik won Gold medal in khasdar Krida Mohatsav wushu Tournament on 18th to 20th January 2023

Tanushree Wasnik won Silver medal in Inter Collegiate Wushu Tournament on 27th to 28th January 2023