# C.P.& BERAR E. S. COLLEGE NAGPUR DEPARTMENT OF PSYCHOLOGY WORD MENTAL HEALTH DAY YEAR 2023-2024

Permission Letter

Respected Sir/Madam,

The Department of Psychology is organizing a poster presentation program for students on the occasion of World Mental Health Day. We kindly request your permission to conduct this program.

(12<sup>th</sup> October 202**3**)

Thank you!

Yours sincerely,

HOD, Psychology

Permitted V

## C.P.& BERAR E.S. COLLEGE DEPARTMENT OF PSYCHOLOGY WORLD MENTAL HEALTH DAY

REPORT - 2023-24

As every year, this year too, the Department of Psychology celebrated World Mental Health Day on 12th October 2023. On this occasion, all students created and presented posters on the theme "Optimal Mental Health." A total of 15 students participated and presented posters on various topics.

The students benefited from the guidance of the Vice Principal, Mr. Mahajan, and the posters were prepared in the presence of the Head of the Department, Dr. Jaya Goltakar.

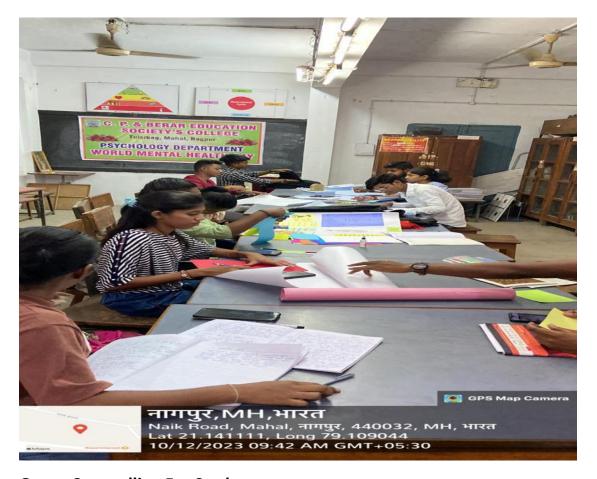
HOD PSYCHOLOGY

Je 13/10/2023

### While students create the poster themselves .....



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**Group Counselling For Students** 



### Students's home visit for parental counselling



